

2023 CROSSROADS CLASSIC

December 8th, 9th & 10th
@ GameTime Gym II - 404 Olympia Dr Bloomington

UPDATED 11/17 Final



Friday Dec. 8th

Session 1: Level 3

8:00am Open Stretch
8:25am Competition

Gyms: BIG, Gem City,
GymFusion, IPower,
Mattoon, PEGA,
Springfield Gym Center

Session 2: Level 4

10:40am Open Stretch
11:05am Competition

Gyms: BIG, Gem City,
Gym Etc, Gym Fusion,
IPower, PEGA, Phenom
Springfield Gym Center

Session 3: Lvl5/XcelGold

2:05pm Open Stretch
2:30pm Competition

L5Gyms: BIG, FlipStar,
Gem City, GymKinetics,
IPower, Mattoon, PEGA,
Phenom, IMV YMCA

XGoldGyms: GymFusion, Gym
Xcal, IPower, Springfield
Gym Center, SIGA

Session 4: Xcel Dmd/Plt/Spbh

6:05pm Open Stretch
6:40pm Competition

Gyms: CIGA, FlipStar, Gym
Xcal, Gym Zone,
GymKinetics, IPower, RSA,
Springfield Gym Center,
Springfield YMCA, SIGA,
Midwest Twisters, IMV YMCA

Saturday Dec. 9th

Session 5: Xcel Bronze

8:00am Open Stretch
8:20am Competition

Gyms: GymFusion, Gym Zone
IPower, Phenom, Quad City,
Springfield Y, YMCA Twisters

Session 6: Xcel Silver

9:50am Open Stretch
10:15am Competition

Gyms: GymFusion, Gym Xcal,
IPower, RSA, Springfield Gym
Center, SIGA, YMCA Twisters

Session 7: Level 6

12:25pm Open Stretch
12:50pm Competition

Gyms: BIG, Gym Corner, Gym
Etc, GymFusion, GymKinetics,
IPower, Mattoon, Mid-IL, PEGA,
Midwest Twisters, IMV YMCA

Session 8: Level 7

3:20pm Open Stretch
3:45pm Competition

Gyms: BIG, Gem City, Gym
Corner, Gym Zone, IPower,
Mattoon, PEGA, Quad City, Team
Central, Midwest Twisters

Session 9: Level 8, 9 & 10

6:20pm Open Stretch
6:55pm Competition

Gyms: Gem City, Gym Corner,
Gym Etc, IPower, Mid-IL, PEGA,
Quad City, Springfield Gym,
Team Central, Midwest Twisters

Sunday Dec. 10th

Session 10: Xcel Gold

8:00am Open Stretch
8:30am Competition

Gyms: CIGA, FlipStar, Gateway
Elite, Gym Zone, GymKinetics,
Phenom, RSA, Springfield Y,
IMV YMCA, YMCA Twisters

Session 11: Xcel Silver

11:55am Open Stretch
12:20pm Competition

Gyms: CIGA, FlipStar, Gateway
Elite, Gym Zone, GymKinetics,
Phenom, Springfield Y,
IMV YMCA

Session 12: Level 3

3:00pm Open Stretch
3:25pm Competition

Gyms: CIGA, FlipStar, Gateway
Elite, Gym Corner, Gym Etc,
GymKinetics, Quad City,
IMV YMCA

Session 13: Level 4

5:55pm Open Stretch
6:20pm Competition

Gyms: CIGA, FlipStar,
Gateway Elite, Gym Corner,
GymKinetics, Quad City,
IMV YMCA

hosted by:

